



IN CASE OF AN EARTHQUAKE

During the tremor

- Stay where you are.
- if you're indoors, shelter close to a wall, under a doorway or some solid furniture and move away from the windows.
- if you're outdoors, do not sit under electric wires or under something that could collapse (such as a staircase, a bridge, cornices or a roof)
- Protect your head with your arms
- Do not ignite naked flames.

After the tremor

- Be aware there may be post-tremor shakes.
- If indoors, leave the building promptly.
- If possible, cut the water, electricity, & gas supply.
- Do not touch any fallen electrical cables and wires.
- Do not enter damaged buildings and stay away from anything that may collapse.
- If you are trapped under rubble, keep calm and signal your presence by knocking/ making noise on any appropriate object (tables, beams, pipework, etc.).
- only call emergency services if you are in dire need ,so as not to overload the telephone lines.

Emergency numbers

European Emergency Number	112
Firebrigade	18
Local police - 11500 Quillan	04.68.20.87.08
National Police	17
Gendarmerie - 11500 Quillan	04.68.20.00.33
SAMU (emergency medical aid)	15
Doctors in Quillan (15 minutes)	04.68.20.22.41
Dr Elhabchi	04.68.20.97.57
Dr Corby	04.68.20.00.28
Ambulance :	
Vacquier - 11500 Quillan	04.68.20.96.61
Hospital/SMUR	04.68.20.92.15
Anti-poison centre	04.91.75.25.25
Town hall	04.68.20.06.13
Water service	08.10.864.864
Gas service	04.68.20.07.87
Telecom assistance	06.09.95.49.66
Manager Mr Wellens	3610
Camping emergency number	06.42.42.35.82
Nightly emergencies	04.68.20.45.24
Katrin (further enquiries)	07.83.93.49.39

L'ASSALADOU

RURAL BREAKS AT THE
FOOTHILLS OF THE
PYRENEE MOUNTAINS

Guest
Information
brochure



CAMPING

HOLIDAY HOMES

GLAMPING
HUTS

MOBILE HOMES

1 chemin de Fauruc 11500 NEBIAS
04.68.20.45.25 - 06.42.42.35.82

SIRET 533 087 797 000 15

Welcome to L'Assaladou

We are thrilled to welcome you to our beautiful, wooded, natural space. We're in the heart of a nature conservation area at the foot of the Pyrenees mountains, in the wonderfully historic Cathar Country.

We invite you to relax and embrace this breath-taking area and all it has to offer at L' Assaladou domain.

We ask you to take note of the following emergency procedures.

We kindly request to read this upon your arrival and tell us if you have any queries.

Please familiarise yourself with the evacuation map displayed in reception and also in the public showers.

We wish you a fantastic stay!

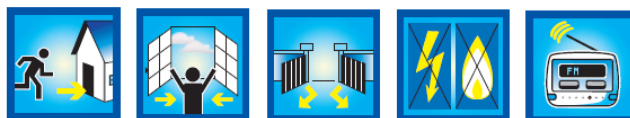
Kim and Katrin

L'Assaladou is close to a large woodland area, please be aware of our vulnerability to fires and always take precautions.

Due to our proximity to the Pyrénées Mountains, the chance of an earthquake is heightened.

In addition to the House Rules, we ask you to read the following safety rules.

Feu de forêt



Séisme



Emergency calls:

- Be precise and keep it short if you do have to call.
- Hang up quickly (after being authorised to do so) so that you do not block or saturate the network.
- Follow the safety instructions.



En cas de feu de forêt

Fire instructions :

If you witness the start of a fire, keep calm, and if possible, **fight the base of the fire** with a fire extinguisher or a fire hose with water.

Failing that, don't hesitate to **raise the alarm** by using a red whistle (3 repetitive blows) or push a fire alarm button & notify the campsite management immediately. We will call the fire-brigade and continue the alarm. Please congregate at the **BBQ assembly area** east of the building recognisable from the light pole (emitting the brightest green light at night)

Evacuation instructions :

You will be alerted by the campsite manager of this at the ASSEMBLY AREA (BBQ East) if evacuation is needed.

Please check the EVACUATION PLAN posted at reception and at the entrance of the campsite now for details of the assembly point at the Eastern BBQ.

Please respect the following guidelines :

- keep calm
- take the bare minimum with you
- do not stay alone
- do not approach buildings or burning areas
- do not interfere with the work of firefighters
- do not use the phone to avoid overloading telephone lines
- the campsite manager will tell you if you can pick up your vehicle and/or belongings.